

# TIMELESS CONSULTANCY

Reclaiming Life

## **DR JO ANNE NEAL**

BSc (Hons), PhD, DClinPsy, CPsychol, AFBPsS

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### SELF DESCRIPTION

Dr Jo Neal is a Consultant Clinical Neuropsychologist. She holds Chartered Psychologist and Associate Fellow status with the British Psychological Society, and is registered with the Health Professions Council.

She has been qualified as a Psychologist since 1998, and as a Clinical Psychologist since 2005. She worked within the NHS before moving into full-time private practice in December 2006. Dr Neal specialises in neuropsychological assessment, therapy and rehabilitation with adults with acquired brain injury in both community and inpatient environments. She also specialises in the assessment and treatment of anxiety disorders, especially posttraumatic stress disorder.

Dr Neal offers the following services for private and case managed referrals, and for medico-legal work:

- Neuropsychological assessment of adults with acquired brain injury
- Therapeutic intervention – individual and systemic
- Assessment and therapy for posttraumatic stress disorder and other anxiety disorders

### PROFESSIONAL QUALIFICATIONS

- Cardiff University Bond Solon Expert Witness Certificate (2009)
- Doctor of Clinical Psychology (2005), University of Wales, Bangor
- PhD Psychology (2001), University of Surrey, Roehampton, London
- BSc (Hons) (First Class), Psychology and Counselling (1998), Roehampton Institute London/University of Surrey
- Certificate in Counselling (Distinction) (1994). Waverley Abbey, Surrey
- Certificate in Youth and Community Work (1987), Birmingham University

### ACCREDITATION/MEMBERSHIP

- Full Member of the Division of Neuropsychology, British Psychological Society
- Associate Fellow of the British Psychological Society
- Chartered Clinical Psychologist, British Psychological Society
- Member of the Division of Clinical Psychology, British Psychological Society
- Member of the British Association for Behavioural and Cognitive Psychotherapies
- Member of the Society of Expert Witnesses

## CONTINUING PROFESSIONAL DEVELOPMENT COURSES

- Currently studying for Practitioner Full Member Qualification, BPS Division of Neuropsychology
- Neuropsychological Toxicology, BPS Division of Clinical Neuropsychology, 5 September 2008
- Brain Injury Outcome into the Long Term, British Association of Brain Injury Case Managers, 5 June 2008
- Uncover Strengths & Build Resilience with CBT: A 4 Step Model, Cognitive Workshops, 13 May 2008
- Society of Expert Witnesses Spring Conference, 16 May 2008
- Brain Injury and Mental Health, Brain Injury Social Work Group, 24 April 2008
- Trauma Focused CBT for PTSD, BPS Division of Clinical Psychology, 2-3 May 2007
- Theory, Therapy and Social Outcomes in Holistic Brain Injury Rehabilitation, The Oliver Zangwill Centre, 16-17 November 2006

## EXPERIENCE

### Private

- Clinical Neuropsychologist - assessment and therapy for case managed clients with a brain injury living in the community (December 2006 onwards)
- Clinical Neuropsychologist in residential brain injury rehabilitation units:
  - North Wales (December 2006 – May 2009)
  - Stockport (Locum post, January 2007 – August 2007)
- Clinical Psychologist - Adult Mental Health (October 2005 onwards)

### NHS

- Locum Clinical Neuropsychologist, North Wales Brain Injury Service (October 2005 – December 2006)
- Clinical Psychologist in Training, University of Wales, Bangor (2002-2005)
- Assistant Neuropsychologist, Lincoln (2001-2002)

## DOCTORAL RESEARCH (NEUROPSYCHOLOGY)

- Executive Function and Focal Cerebral Lesions, University of Wales, Bangor, 2005.

## PUBLICATIONS

- Neal, J. A., & Edelmann, R. J. (2003). The etiology of social phobia: Toward a developmental profile. *Clinical Psychology Review, 23*, 761-786.
- Neal, J. A., Edelmann, R. J., & Glachan, M. (2002). Behavioural inhibition and symptoms of anxiety and depression. Is there a specific relationship with social phobia? *British Journal of Clinical Psychology, 41*, 361-374.